

EPIPHANY THIS WEEK

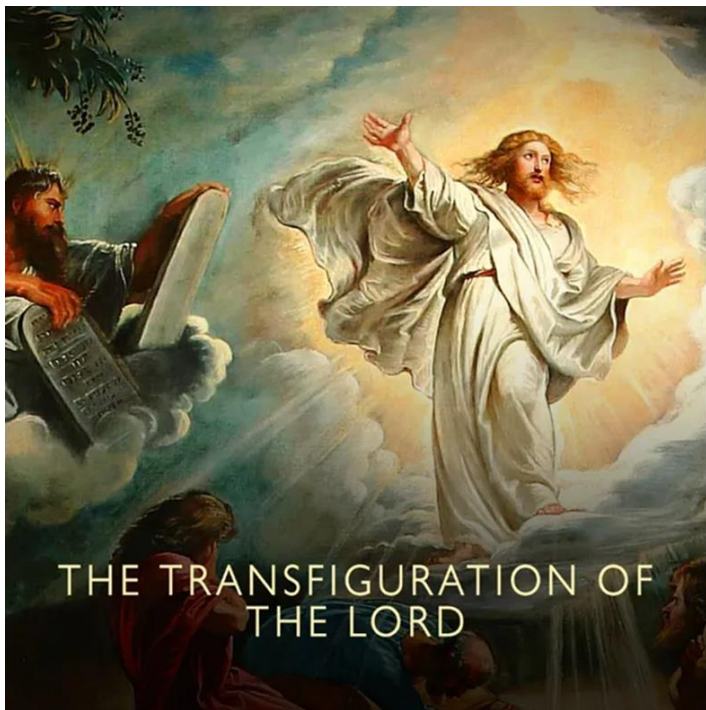
February 28 – March 6, 2025

Church of the Epiphany ~ 85 Larch St. Sudbury, Ontario ~ P3E 1B8

www.epiphanysudbury.org 705-675-2279 info@epiphanysudbury.org

CHURCH OFFICE HOURS: Monday – Thursday 9:30 – 12:00. You can reach Carrie, our Parish Administrator at the phone number or e-mail address above.

NOTE: In case of a Pastoral Emergency while Rev. Elizabeth is on medical leave, please contact Carrie through the office, Rev. Norm at music@epiphanysudbury.org or the Wardens at wardens@epiphanysudbury.org.



WORSHIP FOR THE FEAST OF THE TRANSFIGURATION ~ SUNDAY, MARCH 2nd, 2025 ~

8:30am - Please note there will not be an 8:30am service until further notice.

10:30am - Main Worship with music, with Holy Eucharist, (BAS) The Ven Glen Miller, Archdeacon of Sudbury-Manitoulin Deanery, preaching and presiding.

READINGS FOR FEAST OF THE TRANSFIGURATION: Exodus 34:29-35; Psalm 99; 2 Corinthians 3:12-4:2; Luke 9:28-36, (37-43a)

QUESTIONS FOR REFLECTION: Where do you pray? Are there places that you find facilitate or enhance your prayer life? What “mountains” are

before you to climb? What do you hope to find at the apex? What would you leave behind and return to at the bottom?

(taken from <https://www.ucc.org/sermon-seeds/weekly-seeds-on-the-mountain-to-pray/>)

AT HOME PRAYERS: Morning – Dear Lord, You have brought me to the beginning of a new day. As the world is renewed fresh and clean, so I ask You to renew my heart with Your strength and purpose. Forgive me the errors of yesterday and bless me to walk closer in Your way today. This is the day I begin my life anew; shine through me so that every person I meet may feel Your presence in me. Take my hand, precious Lord for I cannot make it by myself. Amen.

(taken from <https://askgodtoday.com/morning-prayers/#:~:text=A%20Prayer%20for%20the%20Morning,closer%20in%20Your%20way%20today.>)

Evening – Dear God, as I lay me down to sleep, relax the tension of my body; calm the restlessness of my mind; still the thoughts which worry and perplex me.

Help me to rest myself and all my problems in your strong and loving arms.

Let your Spirit speak to my mind and heart while I am asleep, so that, when I wake up in the morning, I may find that I have received in the night-time, light for my way; strength for my tasks; peace for my worries; forgiveness for my sins.

Grant me sleep tonight, and tomorrow power to live. Amen

(Taken from <https://www.xavier.edu/jesuitresource/online-resources/prayer-index/evening-prayers>)



PLEASE REMEMBER, if you are not feeling well, or have any ill symptoms such as coughing, fever, fatigue, or a sore throat, please stay home and join us for the worship services that will be offered online. We are delighted to welcome you online if you are not able to join us in person.



A LONGTIME MEMBER OF EPIPHANY'S FAMILY passed away this week. Sheila Sipe, who will be known to many, has had several health issues over the past year and has not been at church for many months now.

Sheila was a member of the Altar/Chancel Guild for many years and was also very active in the JOY Group (Just Older Youth).

Carol Bohren will have a Sympathy card at church this Sunday for members of those groups, and others to sign. At Sheila's request there will be no public service.

Life is but a stopping place

Life is but a stopping place, a pause in what's to be,
a resting place along the road to sweet eternity.
We all have different journeys, different paths along the way,
we all were meant to learn some things, but never meant to stay.
Our destination is a place far greater than we know,
for some, the journey's quicker, for some the journey's slow.
And when the journey finally ends, we'll claim a great reward,
and find an everlasting peace, together with the Lord.



ASH WEDNESDAY: and the beginning of the season of Lent, is on Wednesday March 5th. There will be just one service this year, at 7:00pm. Archdeacon Glen will be our celebrant and preacher.



YOUR 2025 PARISH COUNCIL: At our Annual Vestry meeting last Sunday the following people were elected or appointed as your 2025 Parish Council.

- People's Warden - Philip Hopkins
- Deputy People's Warden - VACANT
- Communications - Marion Collinson
- Property - VACANT
- Outreach Team - Linda Goodale
- Discipleship - VACANT
- Music Ministry - Rev. Normand Blanchard
- Pastoral Care Team - Barb Bolton & Lorraine Campbell
- Hospitality Team - VACANT
- Synod Delegates – Wendy Collinson & Terry Kett (Philip Hopkins, Alternate)
- Secretary (non-voting) - Colleen Hill

Appointments:

- Rectors Warden – TBD (Dr. Andrew resigned following Vestry)
- Deputy Rectors Warden - Marion Collinson (With Andrew resigning, Marion is now the Acting Rectors Warden)
- Treasurer/Finance - Robert Nanka-Bruce



EVER WANTED TO KNOW HOW TO MAKE PALM

CROSSES? This is your 2025 chance! Join others in the Algoma Room on Saturday April 12th at 11am to learn how to make these symbols of Christ’s entry into Jerusalem more than 2000 years ago. Phyllis Griffith will be our able instructor. Between us we will make crosses to be distributed on Palm Sunday. Spaces may be limited so if you would like to be part of this creative group, please call or email Carrie in the office, if you haven’t notified her already, to ensure you have a spot.



A NOTE FROM THE OUTREACH TEAM: If you have any items you would like to donate to SOS (Sudbury Outreach Support), please leave them in the Food Box. Someone will be taking donations to them after church this Sunday, March 2.



Our next Lunch and Learn will be after church on March 23. We hope you are able to attend as we welcome the principal of Sudbury Secondary School.



SPRING IS COMING, EVEN IF WIARTON WILLIE DIDN'T THINK SO! The Women’s Bible Study Group has decided to repeat the Balcony Garden Project in 2025. All net proceeds again going to the Sudbury Food Bank. However, we are an aging group so we are hoping we can find a couple of



others to help us with summer oversight of the garden. In the heat of the summer we have discovered that we must water daily. We have decided that the best way to be sure the garden gets the needed care is to have a team of 7 people who will commit to be available for the same day each week during the growing season. We will also need one or two others who can be available to fill in for the “regulars” when they will not be available. If you might be interested in helping with this project in any way more information is available by calling Barbara Bolton at 705-674-1691.



LET US PRAY

FOR MEMBERS OF OUR PARISH FAMILY: Rev. Elizabeth, Kevin Doonan; Carol Bohren, Pieter Bregman; Martin & Karen, Finnigan and Celia Brouillard.

FOR THOSE IN NEED: Sheila; William; Joy; Penny; Myrna; Maybourne; Karen and Corrine; Joanne; Frances; Pat; Carol, Bob and Riley; Nick and Ellen; Marg; Carol Ann.



Watch us LIVE on Sunday Mornings at 10:30 at www.epiphanysudbury.org/our-services

Announcements for ETW should be sent to etw@epiphanysudbury.org by NOON each Thursday.

Donate Online: You can make a donation to the Epiphany, via PayPal, by clicking the “Donate Now” button at the top or bottom of each page on our website.



PLEASE REMEMBER: The Church of the Epiphany strives to be Fragrance Free, or Fragrance Reduced.

Please refrain from wearing or using strong fragrances, things such as cologne/perfume, scented lotion, fabric softener etc. while in our building.

Those with breathing issues and fragrance sensitivities will be grateful. Thank You!