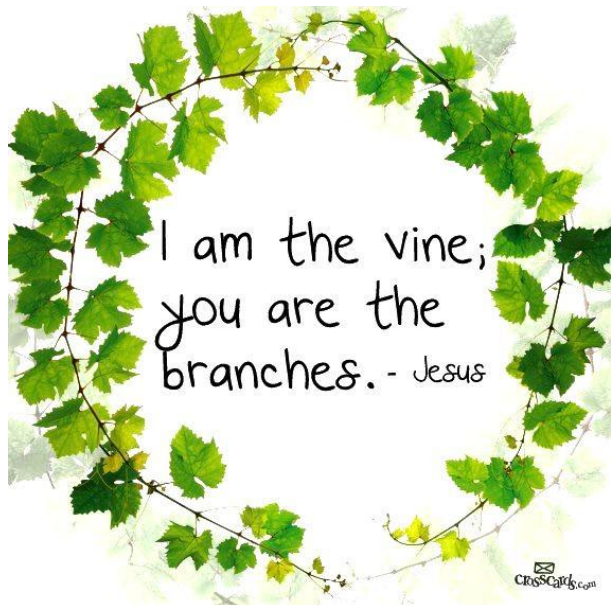


EPIPHANY THIS WEEK

April 26 – May 2, 2024

Church of the Epiphany ~ 85 Larch St. Sudbury, Ontario ~ P3E 1B8

www.epiphanysudbury.org 705-675-2279 info@epiphanysudbury.org



WORSHIP FOR THE FIFTH SUNDAY OF EASTER ~ APRIL 28th, 2024 ~

8:30am – Said Traditional Service with Holy Communion (BCP)

10:30am – Main Worship Service with music and Holy Eucharist (BAS).

READINGS FOR THE FIFTH SUNDAY OF EASTER:
Acts 8:26-40; Psalm 22:25-31; 1 John 4:7-21; John 15:1-8.

SUMMARY OF READINGS: In today's story from Acts, the impact of the Easter faith reaches remote Ethiopia, represented by the God-fearing minister of the Queen of Candace. In many ways, this incident

illustrates the expectation the 22nd psalm, that all nations would eventually turn to God and offer true worship. The portion from the First Letter of John is dominated by the theme of mutual love among Christian people. The organic relationship between God, Christ, and believers is metaphorically represented in the Jesus' teaching about the vine and the branches.

QUESTIONS FOR REFLECTION: What is your deepest desire? Jesus says that "whatever you wish....it will be done for you." Spend time this week asking yourself at evermore profound levels what you most devoutly wish for in this life and the next. Then ask for it.

AT HOME PRAYERS: Morning – God of all beginnings, you bring a new day, and your promise to journey with me through the hours. I thank you for the breath and strength I have, and I beg your help that I may use my life wisely and with compassion toward everyone I meet. Let my questions today be a form of pruning to bring forth in me new understandings, healing, and good fruit; in Jesus' name I pray. Amen.

Evening – Lord, Jesus, in this night of rest, heal my broken places and restore my faith. You are my vine; only in you am I strong enough to face the darkness of this world. I thank you for the safety of my home and pray for those who have no bed tonight. Make me grateful, in the name of the Creator, Word, and Spirit, one God, Mother and Father of us all. Amen.



PLEASE REMEMBER - If you are not feeling well, or have any ill symptoms such as coughing, fever, fatigue, or a sore throat, please stay home and join us for the worship services that will be offered online. We are delighted to welcome you online if you are not able to join us in person.



OVERVIEW OF REV. ELIZABETH'S SCHEDULE FOR THE WEEK OF APRIL 28TH:

Rev. Elizabeth's schedule this week includes both Zoom and in person meetings, pastoral visits, and the Diocesan Homelessness Awareness Webinar on Thursday, May 2nd at 7pm.

Please be assured that if you need to speak with Rev. Elizabeth or schedule a visit for any reason, please email her at greenepiphanypriest@gmail.com or leave a telephone message for her at the church office. Thank You



THANK YOU!: to everyone who participated in the Lunch and Learn last Sunday. We had a remarkable attendance of 60 people to hear our mayor talk about homelessness and other local topics. Thanks, those wonderful individuals who provided our sandwiches and soups. Everything was delicious! Our guest speaker was informative and responsive to our many questions. The Outreach committee should be very proud of the work it has done this year. ~ Terry



BALCONY VEGETABLE GARDEN: Recently the Monday Women’s Bible Study (WBS) group confirmed its interest in running the balcony garden again this summer. Last summer the WBS was able to give the Outreach Team about \$200 of net proceeds for the Sudbury Food Bank from the sale of produce.

Looking at the pros and cons of doing so it was determined that we would limit the plants to those which were a) able to grow best in the balcony environment, and b) were also those which parishioners bought readily. The top three plants meeting these criteria are green runner beans, cherry tomatoes and basil.

So for this year these will be the ones we concentrate on. But we need your help! We need bigger containers, that are suitable for:

- individual basil or cherry tomato plants, perhaps even 5-gallon containers and we’ll make the holes for drainage!
- Window boxes of at least 3 feet in length or large round containers suitable for setting on the ground below the balcony for growing the runner beans
- Lumber (and labour?) to build a few long boxes for the runner beans.
- And cash donations are welcome to help offset the cost of soil and plants!



If you can help with any of these things, please contact these two WBS members soon. For container donations or queries – Barb Bolton – 705-674-1691 or rbandbb2@gmail.com. For cash donations Mary Donato will be pleased to receive these after church any Sunday! Thanks!



THE DIOCESE OF ALGOMA JOINS SAY YES!

TO KIDS: The Anglican Foundation of Canada writes on their Facebook page: Today we welcome the Anglican Diocese of Algoma to the

2024 Say Yes! To Kids campaign. This year the diocese is raising funds to support bursaries at its three summer camps: Camp Gitcigomee, Camp Temiskaming and Camp Manitou. All three camps share the value of reducing or eliminating financial barriers to attending camp. To make a donation to the Algoma Says YES! To Camping Ministry team visit <https://www.canadahelps.org/s/6z6uSv>



A NOTE FROM REV. ELIZABETH

Love is Care and Consideration of Others

Dear Friends in Christ,

By now it is no secret that I have asthma. The asthma attacks that I suffer are usually brought on by dust, allergies, coughing, cigarette smoke, stress, and rainy damp days.

When we were having to protect ourselves by wearing masks during the pandemic, my asthma attacks were at their very worst. Though I do take my medication once or twice daily, I never know when an asthma attack might come on. I don’t how long it will last, or even how bad it will be. What I do know, is how awful and exhausting it is to struggle to breathe.



I know I am not alone. People who suffer asthma or serious allergies are susceptible to all kinds of respiratory challenges. That's because the chemicals used in scented products can and will make some people sick, especially those with fragrance sensitivities, asthma, allergies, and other medical conditions.

So, while you may think your use of perfume, cologne or other such fragrances may seem reasonable to you, your friend and neighbour who worships with you at Epiphany may be quietly suffering and struggling to breathe because of it.

Now that we are well into the aftermath of the pandemic and have returned to a kind of "normal", we need to return to some of the best practices that were put in place at Epiphany in years past; starting with being Fragrance Free, or Fragrance Reduced. When you are getting washed and ready to join everyone for worship on a Sunday morning, please be mindful of your level of fragrance. If you are not able to be totally scent free, please take some care and use as little as possible. There are others near you who will truly appreciate it.

The love to which God calls us is love that must include care and consideration for others; it is also how love builds and strengthens our Epiphany Community. Thank You, and Thanks be to God.

Yours in Christ,
Elizabeth+



HOMELESSNESS AWARENESS WEEK IN THE DIOCESE OF ALGOMA – HAPPENING THIS WEEK!

Archbishop Anne, along with the Social Justice Committee for the Diocese of Algoma, are pleased to present for the first time in the life of our diocese, *Homelessness Awareness Week*. Please mark your calendars so that are you sure to participate in this important webinar being offered on Thursday May 2nd. Registration is now open and it is free!. If you would like to register, please email Social Justice Committee member, Jane Cox at Jane.e.cox1@gmail.com. If you have questions or would like more information, please be sure to speak with Rev. Elizabeth or with Terry Kett.

Also, please note that a special service of worship for Homelessness Awareness Week will be offered at the Church of the Epiphany on Sunday, May 5th at 10:30am. Please be sure to invite your friends and neighbours. This service is being created with the Homelessness Crisis in mind. May our worship do justice.



DONATE TOILETRIES - HELPING THE HOMELESS THROUGH SUDBURY OUTREACH SUPPORT



On Sunday May 5th, everyone is welcome and encouraged to bring a small donation of fresh, or unused/unopened toiletries to church.

Needed items include baby shampoo, feminine hygiene products, combs, toothbrushes, toothpaste and body lotion. Though it may not seem like much, a little goes a long way.

On Sunday May 5th, let's show our love to those in need by both praying and caring for them through what we do and give. Thank You.



LOOKING AHEAD: The Church of the Epiphany will have an opportunity to create a new Photo Directory this fall; our last one was done in 2017. Photo dates are tentatively booked for early October. Putting together a photo directory requires the good and caring help of some faithful volunteers to assist in coordinating details in advance and on photography days. If you are able to help with this upcoming ministry, please speak with Deputy Rector's Warden, Marion Collinson. Thank You.



COFFEE HOUR HOSTS NEEDED: Our roster of Coffee Hour Hosts has dwindled to just a few members. We need to bolster our roster so that those who have already volunteered are not "on" every month. We do have a dishwasher in the Algoma Room Kitchenette so clean up is not onerous. Please speak to Carrie Leatherdale if you would like to be part of this hospitality ministry.



On April 22nd, and in celebration of Earth Day 2024, Wilson, our beloved friend, and member of the Church of the Epiphany, volunteered to take part in the first-ever Downtown Sudbury Clean-up and BBQ. Way to Go Wilson! Thank you for helping to make Downtown Sudbury a better, cleaner place to be.



This past week was Chantal's Birthday. Last Sunday morning we all sang Happy Birthday to her and then on Tuesday, her actual Birthday, Philip and Pat stopped by her workplace (The Jarrett Centre) to surprise her with a gift and Cake.



LET US PRAY

FOR MEMBERS OF OUR PARISH FAMILY: Evelyn Fillier; Mary Donato; Carrie Leatherdale; Don and Catherine Rousell; Katherine Quesnel; Linda Goodale; Hoi Cheu.

FOR THOSE IN NEED: Sheila; William; Tim; Jean; Pat; Nick and Ellen; John and Judith; Margaret; Karen and Corrine; Della and Sandra; Frances; Monique; Carol, Bob and Riley; Maybourne.



Watch us LIVE on Sunday Mornings at 10:30 at www.epiphanysudbury.org/our-services

Announcements for ETW should be sent to etw@epiphanysudbury.org by NOON each Thursday.

Donate Online: You can make a donation to the Epiphany, via PayPal, by clicking the "Donate Now" button at the top or bottom of each page on our website.